

# THE CENTER FOR VOLUNTEER CAREGIVING

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975 Walnut Street, Suite 311 Cary, NC 27511 (919) 460-0567  
www.volunteercaregiving.org

## CARING FOR SOMEONE WITH DEMENTIA?

You Are Invited to a  
WORKSHOP for FAMILIES and RESPITE VOLUNTEERS

TUESDAY, November 10, 2009  
1:30-4:30pm

The **Center for Volunteer Caregiving (CVC)** is offering a workshop to equip families and respite volunteers to provide quality interaction and effective communication with someone living with Alzheimer's, stroke, Parkinson's, or other memory loss disease.

**Volunteers** are needed to provide respite care for the primary caregiver of someone living with dementia. The Center trains and matches each volunteer to become a companion for the person with dementia, usually for 2-4 hours a week, or monthly, depending on the volunteer's schedule.

**Any family member** who cares for a loved one with memory impairment is invited to attend the workshop as well. The workshop provides information about dementia and Alzheimer's disease. It teaches skills how to focus on the strengths of the person with memory impairment and how to improve communication and lower stress.

**Tuesday, November 10, 2009**  
**Our Lady of Lourdes Catholic Church**  
**2718 Overbrook Drive**  
**Raleigh, NC 27608**  
**Fallon Center**

**Registration:** Please register by Nov.5th. To register, or for more information, please contact Lou Paules or Laurie Maravillas, The Center for Volunteer Caregiving, 460-0567 or email [lpaul@ctrvolcare.org](mailto:lpaul@ctrvolcare.org)

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*The Center for Volunteer Caregiving is a private, nonprofit, faith-based organization whose purpose is to provide volunteer services to help Wake County seniors, family caregivers, and adults with disabilities maintain independence, dignity and quality of life. For additional information on all of our programs, please call 460-0567 or visit our website at [www.volunteercaregiving.org](http://www.volunteercaregiving.org).*